

Gamblers Anonymous Meetings
Ottawa, Eastern Ontario, and the National Capital Area
(613) 567-3271
www.gamblersanonymousottawa.org

Ottawa Area Meetings

Date/Time	Location	Details
Monday 7:30 pm	Ottawa - Resurrection Of Our Lord Church 1940 Saunderson Drive	Closed meeting, Open meeting last Monday of the month Gamanon meets in a seperate room
Tuesday 7:00 pm	Ottawa - 1st Baptist Church 140 Laurier Avenue West	Open Beginner Meeting <i>Enter via handicap accessible door on Laurier Street</i>
Wednesday 7:30 pm	Ottawa - Alexander Community Centre 960 Silver Street	Open Meeting
Thursday 7:00 pm	Orleans - Community Pentecostal Church 1825 St Joseph Blvd	Open Meeting
Thursday 7:30 pm	Kanata - Community Christian Reformed Church 46 Castlefrank Road	Open Meeting
Friday 7:30 pm	Ottawa - Heron Community Centre 1480 Heron Rd. 3 rd floor (Ridgemont Room)	Closed Step and Unity Meeting
Saturday 1:00 pm	Ottawa - McNabb Community Centre 180 Percy Street	Open Meeting
Sunday - 2:00-4:00 pm	Ottawa - Hintonburg Community Center 1064 Wellington Street	Open Meeting
Sunday - 6:00-7:30 pm	Ottawa - Greenboro Community Centre 363 Lorry Greenberg Drive	Closed Meeting

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Eastern Ontario/National Capital Area Meetings

Date/Time	Location	Details
Tuesday 7:30 pm <i>(french)</i>	Gatineau Centre Paroissiale St. Rosaire 5 rue St. Arthur	Closed Meeting <i>cette reunion se tient en francais</i>
Tuesday 7:30 pm	Cornwall Canadian Mental Health Association 329 Pitt Street	Open Meeting <i>Please enter by the rear door from parking lot.</i>
Tuesday 7:30 pm	Smith Falls Tricounty Addiction Services (H.O.W) 88 Cornelia Street West	Open Meeting
Wednesday 6:30 pm	Kingston Frontenac Community Mental Health 552 Princess St.	Open Meeting <i>Please use Alfred Street side entrance</i>
Sunday 7:30-8:30 -m	Pembroke St John's Lutheran Church 357 Miller Street	Open Meeting <i>Enter by main door of church on miller street</i>

Closed Meeting

Open Meeting

GamAnon

meetings are for those suffering from a compulsive gambling problem

All are welcome

Meetings for those affected by someone with a compulsive gambling problem.